



I Eat Stress for Breakfast: Turning Fear of Failure into the Fuel for Success

**Conference for Teachers, Counselors
and Child Study Team Members**

Presented by

**Fairleigh Dickinson
University's
Regional Center for
Learning Disabilities**

Schedule

8:30–9 a.m.
Registration/Coffee

9–11:30 a.m.
Presentation

11:30 a.m.–12:30 p.m.
Lunch on your own

12:30–2:30 p.m.
Presentation



There is No Fee for This Conference

Throughout this interactive multimedia learning, participants will take away many practical strategies and a personalized plan of action designed to reduce stress in kids and enhance learning. Participants will:

- Examine how a student's perception of competence can move the needle from "toxic" stress to "good" stress.
- Gain a better understanding of the neurobiology of stress.
- Examine why students with LD and ADHD are in a state of chronic stress that actually impedes learning and memory beyond the initial effects of the LD/ADHD.
- Explore effective ways to respond to students to get them back on track.
- Develop new ways of thinking about our responses to challenges and threats.
- Examine the impact of the language we use with students, and how to change mindsets and learning trajectories.

Dr. Schultz will present his DE-STRESS Model of intervention that has been very effective in helping kids become the masters of their own academic destiny.

Thursday, May 18, 2017 8:30 a.m. to 2:30 p.m.
FDU's Florham Campus, Dreyfuss Theater, Dreyfuss Building
285 Madison Avenue, Madison, N.J. 07940

Presenter

Dr. Jerome (Jerry) Schultz, is a former special education teacher. He is currently a clinical neuropsychologist, on the faculty at Harvard Medical School. Dr. Schultz was the recipient of the prestigious 2016 Learning Disability Association of America (LDA) Award. He had authored the book *Nowhere to Hide: Why Kids with ADHD and LD Hate School and What We Can Do About It*. You can find more information at his website: www.jeromeschultz.com. He also blogs for the Huffington Post, and has an active following on Twitter (@docschultz).

Conference Registration Form

Name _____ Email _____

Address _____

Telephone Number _____ School District _____

Position _____ Grade Level/ Subject _____

Have you previously attended a workshop sponsored by the Regional Center? Yes No

Please indicate any specific area you would like to see addressed as it relates to topic: _____

To Register

Email registration to carmelat@fdu.edu, fax to 973-443-8089 or mail to:
Carmela Trusso, Fairleigh Dickinson University, Regional Center for Learning Disabilities,
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